

The Divergent Grove Therapy Sliding Scale Policy

Accessibility to mental health care is a fundamental value in our practice. We designate a set number of spaces for clients in need of a negotiated/sliding scale rate. These sliding scale spaces are prioritized for folks of marginalized groups impacted by strained financial resources & other compounding life circumstances, including, but not limited to; POGM / BIPOC &/or 2SLGBTQIA+.

Our standard full fee for an hour (45+ minute) session is \$250. The sliding scale range we use starts at \$75 per session & scales up based on level of economic privilege & access to financial resources. Below is a reference image to support you in assessing & conceptualizing where you fall on the level of need for a sliding scale rate.

As you assess where your level of need is, we ask you to thoughtfully consider your circumstances & assess your level of economic privilege. If you are accessing the lowest rate & have a high level of economic privilege, this reduces accessibility for others who are in need of that rate. As your financial resources change, we ask that you inform us so we can adjust your rate & we can offer these accessible spots to others who need it. Additionally, moving forward, we will be collaborating with you to check in on your sliding scale rate quarterly, & either adjust or maintain it as needed.



*Basic Needs = food, housing, bills, transportation.

**Expendable income = able to dine out, get coffee out, see shows out, buy new clothes, books or similar items each month.

Bottle 4 will be reserved for POGM/BIPIC, QTBIPOC, and 2SLGBTQIA+ outside of this priority, bottle 4 rates are only available for weekly appointments.

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